

A circular portrait of Elizabeth Reyes, PhD, a woman with dark hair, smiling. The background of the entire page is a yellow-tinted image of a building's facade with intricate architectural details.

Elizabeth Reyes, PhD

Latinx Chicanx Center for Advocacy and Student Affairs (La CASA)

Tell us a bit about yourself.

I received my doctorate degree in Counseling Psychology from Northwestern University. I've been at USC for 15 years and love the diversity and sunshine that LA brings. I am a cisgendered female and LGBTQ+ ally.

I have a love of learning and am grateful at the ability to work with students at such a formative time of their identities and careers.

What interests you about working with La Casa students?

I have a strong family history of giving back to the community, and I am a second generation Mexican American from the Midwest. I am excited to have a shared understanding with students and provide support and connection.

Do you have a favorite quote that keeps you motivated?

“Not all days are good, but all days have good things.”

What do you do to de-stress?

A few things. I consider perspective and think about my thoughts. Not all thoughts are created equal, and some don't deserve our attention. Other de-stressors include time with friends, family, music, and laughter.