



Abbie Wolfson, PhD

USC School of Architecture

Tell us a bit about yourself.

I received my doctorate from Boston University. My professional interests include psychotherapy integration, attachment and all types of relationships (parent/ child, partners, friends, therapist/client, professor/student), how larger systems and contexts influence the experience of the individual, crisis intervention, increasing flexibility in coping style, mature students, and student veterans.

What interests you about working with USC School of Architecture students?

I enjoy working with Architecture students who are often creative and very thoughtful about the impact of context.

Do you have a favorite quote that keeps you motivated?

My favorite quote is from Piglet, in Winnie the Pooh; he says, “It is so much more friendlier with two.”

What do you do to de-stress?

Often when we are experiencing something difficult, having support from another person significantly lightens the load. To de-stress I often spend time with family and friends, listen to a book, or walk my dog.